

# Technical documentation

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Product name:	<b>qRE Valeriana officinalis L., roots</b>
Substance:	Valeriana officinalis L., roots dry extract
Plant source common names:	en: Valerian ; fr: Valériane
Reference:	E0007
Packaging:	100 mg in a 1.5 ml borosilicate amber vial
Storage conditions:	Keep container closed. Protect from light and moisture. Keep at -18 °C
Retest:	12 months

## Botanical identification of plant source

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Plants in our botanical garden are identified and a herbal voucher is prepared by an expert botanist. Each batch collected for extraction is verified and identified.

**Reference:** Flora Europaea, Cambridge University Press, 1976, Vol 4, p 53

## Method of production of dry extract

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Whole plant or plant parts are collected, freeze-dried and coarsely ground. Extraction is performed by maceration in 50 % (v/v) aqueous ethanol for 48 hours at room temperature. Ethanol is then evaporated under reduced pressure at less than 40 °C and the aqueous residue is freeze-dried.

## Organoleptic characteristics of dry extract

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Colour: Brown green

Odour: Very characteristic

Form: Fine powder

## Recommended methods for use

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Weight a precise weight of qRE and solubilise in the recommended solvent at the concentration indicated in the HPLC or HPTLC method described in this document.

Sonicate for 90 seconds (70 W). Filter on a 0.45 µm PVDF membrane and put the resulting solution into HPLC dispenser or apply on the HPTLC plate.

Dose and analyse your extract with qRExtract using the HPLC / HPTLC methods described in this document or using your own methods.

## HPTLC

### Detection of valerenic acid, acetoxyvalerenic acid and hydroxyvalerenic acid

**Layer:** 10 × 10 cm HPTLC Nano-Sil-20 UV 254 (Carl Roth ref. N084.1)

**Thin layer conditionnement:** 1 h at room temperature and 33 % relative humidity

**Elution solvent:**

Elution solvent compound	Volume (ml)
cyclohexane	60
ethyl acetate	38
acetic acid	2

**Developing distance:** 70 mm from the lower edge

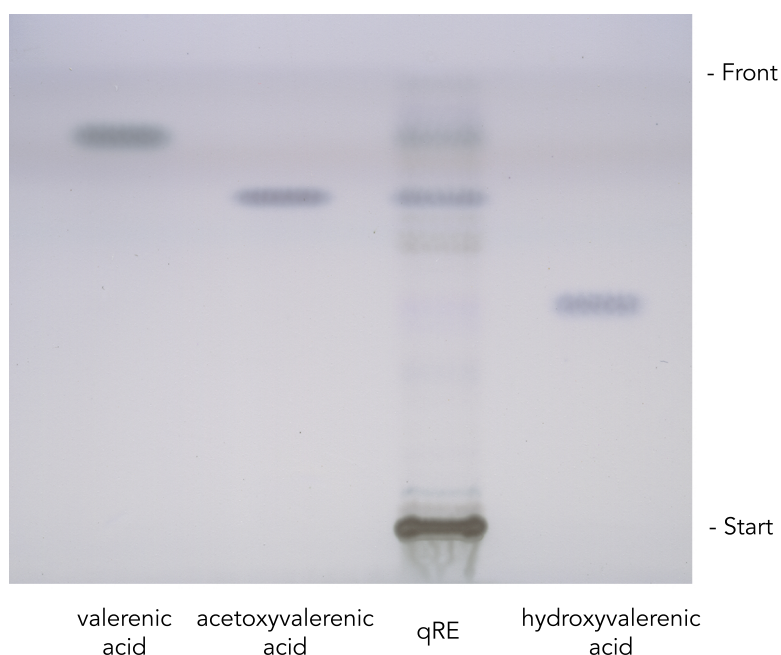
**Initial spot volume and concentration:**

valerenic acid: 2 µl of a 0.07 % (w/v) solution in methanol  
 acetoxyvalerenic acid: 2 µl of a 0.05 % (w/v) solution in methanol  
 qRE: 12 µl of a 1.45 % (w/v) solution in 50 % (v/v) aqueous ethanol  
 hydroxyvalerenic acid: 1.5 µl of a 0.06 % (w/v) solution in methanol

**Reagent mixture:**

Anisaldehyde reagent

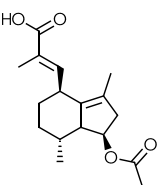
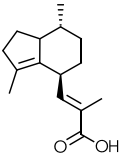
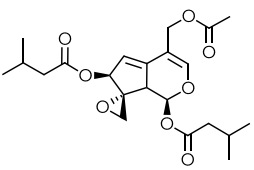
Preparation: Slowly mix 85 mL of ice-cooled methanol with 10 mL of glacial acetic acid and 5 mL of sulfuric acid. Allow the mixture to cool to room temperature, then add 0.5 mL of anisaldehyde (p-methoxy benzaldehyde)  
 Dip the plate in the reagent mixture and dry for 10 minutes at 110 °C.  
 Expose to visible light.



## HPLC

<b>Precolumn:</b>	Ascentis® Express C18 0.5 cm × 3.0 mm 2.7 μm		
<b>Column:</b>	Ascentis® Express C18 15 cm × 3.0 mm 2.7 μm		
<b>Sample:</b>	8 μl 1.85 % qRE (w/v) solution in 50 % (v/v) aqueous ethanol		
<b>Flow:</b>	0.45 ml/min		
<b>Column temperature:</b>	25 °C		
<b>Sample temperature:</b>	5 °C		
<b>Mobile phase:</b>	A: water/acetonitrile (80:20) (v/v) B: acetonitrile/water (80:20) (v/v)		
<b>Detection:</b>	Diode Array Detector, 256 nm		
<b>Gradient:</b>	Time (mn)	A %	B %
	0	97	3
	20	80	20
	55	0	100

## Quantified substances

Compound	CAS No	2D Structure	Peak No
Acetoxyvalerenic acid	81397-67-3		2
Valerenic acid	3569-10-6		4
Unknown	NA	NA	1, 3, 5, 6
Valtrate	18296-44-1		7